APPENDIX B7

COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM

College Mentorship and Leadership Program (High School)

CMLP Handbook

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CMLP Introduction

CMLP is a voluntary mentorship program designed to help qualified students to improve their skills in:

- Social
- Academics
- Extracurricular
- Personal development

We believe that students, within a collaborative and cooperative environment, will excel at academics' while reaching full of their intellectual, mental, physical and emotional potential. CMLP is a committed long term mentor-mentee relationship to be able to get admission into the top US and World colleges.

CMLP Mission and Vision

Mission:

CMLP mission is to provide academic and social programs and opportunities to prepare GT/Advanced students for higher education and to improve their leadership skills in a teamwork environment for real life.

Vision:

Students get accepted into top colleges in US.

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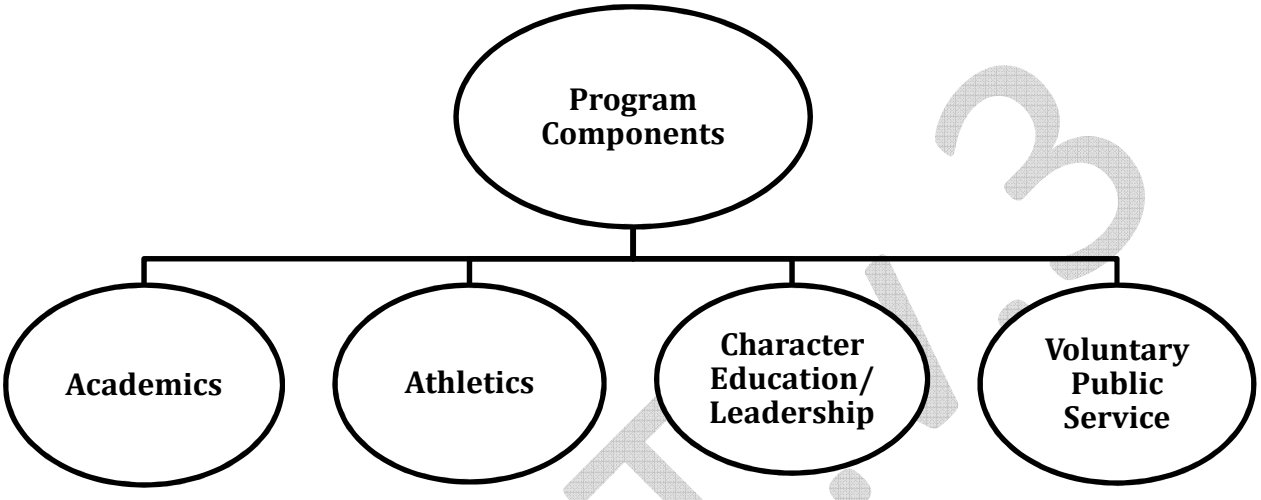
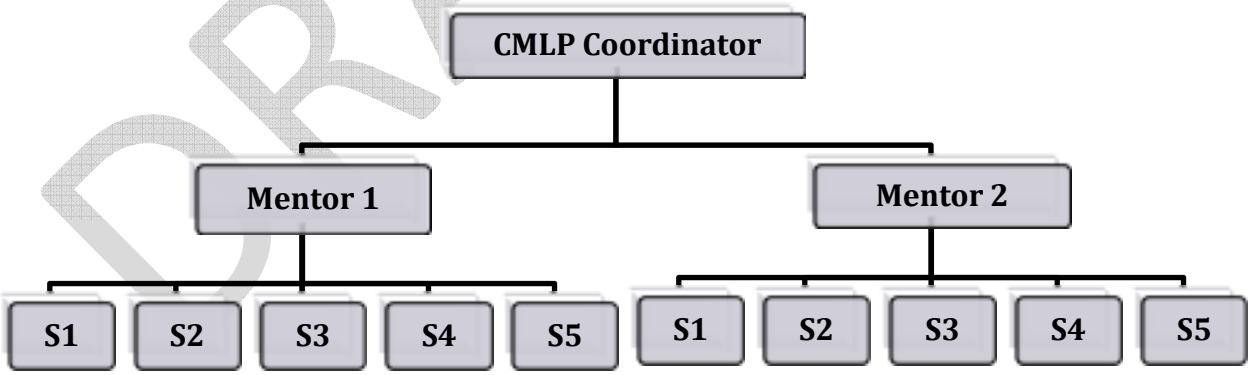
CMLP Major Components

CMLP has 4 major components.

Students get accepted into top universities .



Grade-wide selection of top 5 students forms a team.
One mentor teacher is assigned to each team.



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Congressional Award: The Four Program Areas

Voluntary Public Service: Providing service to others and the community at large.

Personal Development: Developing personal interests, social or employment skills.

Physical Fitness: Improving quality of life through fitness activities.

Expedition/Exploration: Undertaking an outdoor, wilderness or venture experience

(Historical, cultural or environmental).

Congressional Award Program Requirements

There are six levels of the Award-Bronze, Silver and Gold Certificates and Bronze, Silver and Gold Medals. Each level is cumulative – time spent on one Award is carried with you to the next level.

	BRONZE CERTIFICATE	SILVER CERTIFICATE	GOLD CERTIFICATE	BRONZE MEDAL	SILVER MEDAL	GOLD MEDAL
VOLUNTARY PUBLIC SERVICE	30 HOURS	60 HOURS	90 HOURS	100 HOURS	200 HOURS	400 HOURS
VOLUNTARY PUBLIC SERVICE MONTHS OF ACTIVITY	N/A	N/A	6 MONTHS	7 MONTHS	12 MONTHS	24 MONTHS
PERSONAL DEVELOPMENT	15 HOURS	30 HOURS	45 HOURS	50 HOURS	100 HOURS	200 HOURS
PERSONAL DEVELOPMENT MONTHS OF ACTIVITY	N/A	N/A	6 MONTHS	7 MONTHS	12 MONTHS	24 MONTHS
PHYSICAL FITNESS	15 HOURS	30 HOURS	45 HOURS	50 HOURS	100 HOURS	200 HOURS
PHYSICAL FITNESS MONTHS OF ACTIVITY	N/A	N/A	6 MONTHS	7 MONTHS	12 MONTHS	24 MONTHS
EXPEDITION/ EXPLORATION	1 DAY (6-8 HOURS OF ACTIVITY)	2 DAYS	3 DAYS	1 OVERNIGHT	2 CONSECUTIVE OVERNIGHTS	4 CONSECUTIVE OVERNIGHTS

Along with the hour requirement, the higher levels of the Award require that activities be spread out over a minimum amount of months. Please note the following:

1- **The month requirement applies to Voluntary Public Service, Personal Development, and Physical Fitness.** Participants must accumulate the necessary

hours over a certain amount of months. For example, the Bronze Medal requires a minimum of seven months of activity in Voluntary Public Service, seven months of activity in Personal Development, and seven months of activity in Physical Fitness.

2- **Months do not need to be consecutive.**For instance, if one registers with the Award in January and works on Personal Development in January, February and March and then does not work on any Personal Development until October, November and December that would count as six months of activity.
3- **Months are cumulative.**For example, the seven months of activity completed at the Bronze Medal level will be carried over to the next level, leaving a minimum of five more months of activity needed in order to qualify for the Silver Medal.
4- **Months may only be counted once in the same activity area.**For instance, if you play soccer and softball during the same six month period for your Physical Fitness activity, you will only get credit for six months of activity, not 12 months of activity. If different goals overlap in the same month, the month may only be counted once for the respective program area.

CMLP Leadership Monthly Seminar Topics:

1- The ABCs of Leadership

2- Time Management

3- Goal Setting

4- Working Together Effectively

5- Communication and Personal Effectiveness

6- Understanding and Managing Conflict

7- Strategic Thinking and Planning

8- Problem Solving and Decision Making

9- Serving Others

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CMLP Responsibilities

Principal Responsibilities

- Encourage teachers to participate in CMLP as mentors
- Regularly meet with the CMLP coordinator. At least once a month
- Appreciate by giving awards to extra performing students nominated by Mentor and Coordinator.
- Recognize CMLP Mentor
- Attend family gatherings
- Help CMLP coordinator in arranging Guest speakers for the Career development, Leadership seminars, Camps, Trips etc.

CoordinatorResponsibilities

- Prepare yearly plan and make necessary adjustments according to school calendar.
- Introduce the program to
  - Staff – During School Wide Staff Developments
  - Students Identification – First week of school
  - Parent information session - Second week of School
- Get the volunteer mentor teachers applications
- Perform Diagnostic Test to 6th thru 9th graders – At 1st week of School
- Meet with the parents and make parents sign in the consent form
- Assign the applied students to the Mentors
- Perform weekly meeting with the Mentors
  - Fill out student tracking forms
- Organize monthly Seminars
  - Leadership
- Organize Camps and Trips according to the yearly plan
- Organize 8 week tests and share the results with the mentors
- Perform meeting with the parents once in a semester
- Check database for
  - Regular data entry
  - Report submission to the parents

MentorResponsibilities

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- Get the assigned students names no later than 3rd week of School.
- Meet with the students and keep track of weekly and yearly plans
- Set all kinds of college prep related goals for each student and track them
- Perform Weekly program

	Weekly	
Weekly requirements:	With Mentor	Total
Math Study	1 hour	2 hours
8-11th grades: Word memorizing/ flash cards/word tests	30 min	1 hours
Book Reading follow up High Schools - 101 books by college board	10 minute	1 book in two weeks
Track a scientific competition (science fair, sciolymp, math counts, etc.)		
Character Education – give a topic to Each student for preparing a presentation and let him/her present to group members.	20 min	20 min
Game (Soccer, Swimming, PS3, Foosball, Movie, WII, etc.)	30 min	30 min
Weekly meeting between Student-Mentor	30 min	30 min

- Sends 8 week report to the parents
- Tracks the students Congressional Award goals
- Invites group to whole CMLP group activities and events.
- Attends weekly meeting with CMLP Coordinator.
- Enters students academic and sport performance results to the Database regularly.
- Mentor should meet with parents (Home Visit/Family Invitation) after each report period(8 weeks)

Parent Responsibilities

- Sign the consent form for your child's admission to the program.
- Encourage your child to regularly respond to his/her group activities
- Notify your CMLP Mentor Teacher if there is a change of address or other contact information or any other change in the family that might affect your child's participation in the program.
- Participate in family gatherings such as picnics, dinners, assemblies, etc.
- Communicate regularly with student`s Volunteer Mentor Teacher.
- Track the student's performance via 6 weeks reports
- Make the payment of the extracurricular activities associated with CMLP.
- Voluntarily Participate as a Chaperon CMLP activities if needed.

Student Responsibilities

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- Commitment to a specific amount of time per week or month, thus the regularity of meetings is agreed upon. Devote about 2-3 hours per week for a start.
- Commitment to learn.
- Meet weekly, monthly, yearly requirements:

	Weekly	
Weekly requirements:	With Mentor	Total
Math Study	1 hour	2 hours
8-11th grades: Word memorizing	30 mins	1 hours
Track a scientific competition (science fair, sciolymp, math counts, etc.)	1 hour	1 book in two weeks
Book Reading		
Character Education - Each student should prepare a presentation about a given character education topic (one student at each week) and present to his/her group.	20 min	20 min
Game (Soccer, Swimming, PS3, Foosball, Movie, WII, etc.)	30 min	30 min
Weekly meeting between Student-Mentor	30 min	30 min

- Set goals with mentor for Congressional Award and devote your time and effort to achieve these set goals.
- Take responsibility for own growth and success
- Full time attendance (unless it is an emergency) to CMLP activities including
  - Weekly gatherings with mentor
  - Camps, Trips, sport activities
  - Leadership and Career development seminars
  - All other programs associated with CMLP
- Best behavior
- For high school students, keep GPA as high as possible and understand that if GPA gets below 3.00 for a semester, it requires dismissal from the CMLP.
- For middle school students, keep average grade of Math, Science, ELA and Social Studies courses as high as possible and understand that if average grades of aforementioned courses drops below B-, it requires dismissal from the CMLP.

CMLP Selection/Dismissal Procedure

Pre-Qualification

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6th thru 9th graders

1- On the second day of the school, CMLP coordinator should present the program to students.
2- Selection should be done according to following weighted criteria:

Previous year's state test scores (Math and Reading)	70%
GPA	30%
Discipline Records	Letter from Dean of Students (No Out of School Suspension)
Minimum two teacher recommendation letters	

According to aforementioned criteria, top five students will be eligible to enroll the CMLP and second five will be in the waiting list.

10th and 11th graders

Selection should be done according to following weighted criteria:

Most recent PSAT Test Result	70%
GPA	30%
Discipline Records	Letter from Dean of Students (No Out of School Suspension)
Minimum two teacher recommendation letters	

According to aforementioned criteria, top five students will be eligible to enroll the CMLP and second five will be in the waiting list.

Application Process

Invitation letters will be sent to eligible students' parents via both email and mail. Parents will be invited to CMLP information session.

After information session, there should be meeting provide detailed information and to sign the consent form to participate in CMLP.

Parents in the waiting list might be called upon availability.

Dismissal

Student will be dismissed from the CMLP if:

- Mentor refers student for dismissal by the program. Mentor may refer student for dismissal in case of :

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- Student does not attend to totally 3 programs without any excuse
- Student is referred by **all** members of the team for dismissal.
- Student does not do his/her academic and other duties/assignments for 3 times. Such as:
  - Not memorizing assigned words
  - Not finishing assigned tests, etc.

- Student does not attend totally 10 programs
- For 9th-11th grades, if Student's CGPA gets lower than 3.00
- For 6th-8th grades, average grade of Math, Science, ELA and Social Studies courses drops below 80.
- If a student gets out of school suspension.
- If student gets in school suspension, student may not be accepted to CMLP for the following year/semester.

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Appendix

CMLP Mentor Participation Request Form

I have reviewed all of the responsibilities and expectations about the COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM (CMLP). I understand, and accept all of the responsibilities and expectations about the CMLP and, I will voluntarily work with my assigned students to implement CMLP as a mentor.

Today's Date : _____

Teacher's Name : _____

Phone # : (____) _____ - _____

Signature of Teacher: _____

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CMLP Parent Agreement Form

Dear Parent of … {Student's Name}…

Congratulations!

Your child has been eligible and accepted for SCIENCE Public Schools COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM (CMLP). To complete registration, we request you to read carefully and sign the following agreement and return it to the Program Coordinator Mr./Mrs. …{CMLP Coordinator}… by ….{date}…. Moreover we would like to remind you that first CMLP meeting will be held on … {date}…. Please attend this meeting with your child.

[SCIENCE PUBLIC SCHOOLS]

[SCIENCE ACADEMY ……..]

COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM AGREEMENT

STUDENT

I have reviewed all of the responsibilities and expectations about the COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM (CMLP). I understand, acknowledge and agree to abide all of the responsibilities and expectations about the CMLP which is written on the "Responsibilities of Students" addendum. Moreover, any failure to follow CMLP responsibilities may result in my dismissal from the program.

Student's Name, Last Name: _____ Grade/Section: _____

Signature: _____ Date: ___ /___ / _____

PARENT

We (I), the parent (s)/guardian of _____, we (I) have reviewed all of the responsibilities and expectations about the COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM (CMLP). We (I) understand and acknowledge and agree to abide all of our (my) responsibilities about the CMLP as a parent which is written on the "Responsibilities of Parents" addendum. Also We (I) agree to regularly communicate with the volunteer mentor teacher and encourage and support our (my) child to actively participate in the CMLP.

For liability, We (I), the parent (s)/guardian of the student mentioned above, understand and agree that the CMLP is a volunteer activity and function performed by SCIENCEPublic Schools. This release is intended to cover all injuries of every name, type, kind or nature, and personal property damage, if any, which may be sustained or suffered from any cause connected with or arising out of, or from participation in all of the CMLP events. I give permission for my child to participate in all activities of the CMLP, and I do not hold the SCIENCEPublic Schools liable for my child.

For transportation, by signing this form parent(s) give(s) consent to his/her child to take the transportation provided by school or teacher. Means of transportation could be any public, rental or private vehicles driven by an adult.

For Activity Costs, I am aware of the fact that, CMLP is volunteer based program held by SCIENCEPublic Schools and all I am responsible of the costs of the CMLP program activities such as

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Camps, Trips, etc. and I will make the payments on time. Any outstanding payment may result in inadmissibility of my child to the activity.

Parent's Full Name: _____

Signature: _____ Date: ___ /___ /_____

Contact Details:

Home Address: _____

Phone Number: (____) _____ - _____

Email: _____

VOLUNTEER MENTOR TEACHER

I have reviewed all of the responsibilities and expectations about the COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM (CMLP). I understand, and agree to abide all of the responsibilities and expectations about the CMLP and, I voluntarily work with my assigned students to implement CMLP as a mentor.

I will work closely with the CMLP coordinator and I will contact with CMLP Coordinator if I will not be able to attend any of the CMLP meetings between coordinator, students and parents. I understand excessive absences will result in my removal from the program.

Mentor's Name, Last Name: _____

Signature: _____ Date: ___ /___ /_____

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Progress Report

Student Name: Mentor Teacher:

Progress Report Period:

Attendance

# of Absent	# of Excused Absents

Academic

Math	
Objectives	**# of Q**

Book Reading	
Book Name	**Out Come** (page/point)

Vocabulary	
Events	**Out Come**

Test Results	

Congressional Award

Expedition/Exploration	
Events	**Out Come**
•Trips	
•Camps	

Physical Fitness	
Sport/Athletics	**Out Come**

Volunteer Public Service	
Events	**Out Come**

Personal Development

•Seminars

Events	Out Come

•PD Hours

Events	Out Come

•Character Education

Events	Out Come

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Weekly Report

Student Name: Mentor Teacher:

Progress Report Period:

Attendance

# of Absent	# of Excused Absents

Academic

Math	
Objectives	**# of Q**

Book Reading	
Book Name	**Out Come** (page/point)

Vocabulary	
Events	**Out Come**

Test Results	

Congressional Award

Expedition/Exploration	
Events	**Out Come**

Physical Fitness	
Sport/Athletics	**Out Come**

Volunteer Public Service	
Events	**Out Come**

Personal Development

•Seminars

Events	Out Come

•PD Hours

Events	Out Come

•Character Education

Events	Out Come

Mentor's Note:

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Congressional Award Steps

FOLLOW THESE STEPS

REGISTER FOR THE AWARD

Anyone between the ages of 13 1/2 and 23 may register for the Award.

SELECT AND WORK WITH AN ADVISOR

Any adult may serve as an Advisor with the exception of your parent, relative or peer.

Review program guidelines and the Record Book with your chosen Advisor.

Develop and log goals on corresponding record sheets after your Advisor's approval.

Select appropriate activities that will help you achieve your goals.

WORK TOWARDS ACHIEVING YOUR GOALS

The only deadline is your 24th birthday. Work at your own pace.

Remember you may have up to four different goals per level for Voluntary Public Service and two goals per level for Personal Development and Physical Fitness, respectively.

You may start at any level you choose. You can start with the Bronze Certificate or go straight for the Gold Medal. You can also go level by level or skip levels. It's your choice.

You must keep records of your activities to show your Advisor and Validators.

After accomplishing your goals for the level you are working towards, have your Validators and Advisors sign off on the completed Record Book pages.

SUBMIT COMPLETED RECORD BOOKS TO THE NATIONAL OFFICE

Submit all completed Record Books to:

The Congressional Award
P.O. Box 77440
Washington, DC 20013

Reviewing Record Books can take up to four weeks. Gold Medal Record Books may take up to eight weeks.

You will receive written notification of your approval or need for revisions.

REVISIONS

Follow instructions in the Revision letter from the National Office.

APPROVAL

Continue working towards the next level.

RECEIVE YOUR AWARD

If you achieve a Bronze, Silver or Gold Certificate, we will mail it directly to you. If you apply for and earn a higher medal, all lower medals and certificates will be mailed directly to you.

Bronze and Silver Medals are presented locally by a Member of Congress. Please be patient, as they often take months to arrange.

Gold Medals are presented annually in Washington, DC each June.

Congressional Award Registration Form

THE CONGRESSIONAL AWARD
Registration Form & Waiver

MEMBER OF CONGRESS: _____

To find your US Representative, please visit www.congress.org!

PARTICIPANT INFORMATION

Name: _____

Date of Birth: __ __ / __ __ / __ __ __ __

Age: _____ **Gender:** □ **Male** □ **Female**

Address: _____

City: _____

State/ZIP: _____ / _____

Phone: (__ __ __) __ __ __ - __ __ __ __

E-mail: _____

Parents' Names: _____
Parents names will be used for press purposes and are not mandatory

School Attending: _____

Year of Study: _____

Affiliated Organization(s): _____
Examples: 4H, Boy Scouts, Girl Scouts, YMCA, etc.

SIGNATURE: _____

Date: _____

ADVISOR INFORMATION

Choose an Advisor other than a parent, relative or peer!

Advisor's Name: _____

Advisor's Address: _____

_____

Phone: (__ __ __) __ __ __ - __ __ __ __

Email: _____

SEND COMPLETED FORM AND $10 REGISTRATION FEE TO:

The Congressional Award Foundation
P.O. Box 77440
Washington, DC 20013

****Make checks payable to the Congressional Award****

WAIVER & AGREEMENT

I agree to the following Congressional Award Program ("Program") rules and requirements:

- I will select the activities I will perform in order to earn an award or certificate.
- I will not attempt to perform any activity until I have made certain that I can perform it safely.
- No one is authorized by the Program to: (i) advise as to the safety of any activity, or as to whether I am prepared to perform it safely, or (ii) supervise or exercise any control or authority over me or any other participant.
- **I hereby release and hold harmless each of the individuals and legal entities involved in the Program from any and all liability of any kind for any injury I might suffer while performing any activity in connection with the Program.**
- Information about me and my participation in the Program may be publicized by the Program.
- This agreement shall remain in effect as long as I am participating in the Program.

PARTICIPANT: _____

DATE: _____

SIGNATURE: _____

PARENTS/GUARDIANS ACKNOWLEDGMENT*

We are the parents or legal guardians of the Congressional Award participant listed above. We have read the foregoing Waiver and Agreement and agree on behalf of ourselves and the participant to the terms thereof. We will assure ourselves that the participant is aware of the risks involved in each activity and we take full responsibility in lieu of the Program for each activity.

NAME: _____

DATE: _____

SIGNATURE: _____

** Required for all candidates who are not considered adults under their state law —generally all who are under 18 years of age.*

If you have already registered with the Award, please disregard this form. You only have to register for the Congressional Award ONCE.

College Board 101 Great Books List
(Recommended for College-Bound Readers)

The list of the books below is required to be read by all High School CMLP students. From CMLP freshman up to junior year, 20 books/year will be read until the end of each grade level. Students can choose from following book list.

Author	Title	Grade Level
--	*Beowulf*	*Freshman*
Achebe, Chinua	*Things Fall Apart*	*Freshman*
Agee, James	*A Death in the Family*	*Freshman*
Austen, Jane	*Pride and Prejudice*	*Freshman*
Baldwin, James	*Go Tell It on the Mountain*	*Freshman*
Beckett, Samuel	*Waiting for Godot*	*Freshman*
Bellow, Saul	*The Adventures of Augie March*	*Freshman*
Brontë, Charlotte	*Jane Eyre*	*Freshman*
Brontë, Emily	*Wuthering Heights*	*Freshman*
Camus, Albert	*The Stranger*	*Freshman*
Cather, Willa	*Death Comes for the Archbishop*	*Freshman*
Chaucer, Geoffrey	*The Canterbury Tales*	*Freshman*
Chekhov, Anton	*The Cherry Orchard*	*Freshman*
Chopin, Kate	*The Awakening*	*Freshman*
Conrad, Joseph	*Heart of Darkness*	*Freshman*
Cooper, James Fenimore	*The Last of the Mohicans*	*Freshman*
Crane, Stephen	*The Red Badge of Courage*	*Freshman*
Dante	*Inferno*	*Freshman*
de Cervantes, Miguel	*Don Quixote*	*Freshman*
Defoe, Daniel	*Robinson Crusoe*	*Freshman*
Dickens, Charles	*A Tale of Two Cities*	*Freshman*
Dostoyevsky, Fyodor	*Crime and Punishment*	*Freshman*
Douglass, Frederick	*Narrative of the Life of Frederick Douglass*	*Freshman*
Dreiser, Theodore	*An American Tragedy*	*Freshman*
Dumas, Alexandre	*The Three Musketeers*	*Freshman*
Eliot, George	*The Mill on the Floss*	*Freshman*
Ellison, Ralph	*Invisible Man*	*Freshman*
Emerson, Ralph Waldo	*Selected Essays*	*Freshman*
Faulkner, William	*As I Lay Dying*	*Freshman*
Faulkner, William	*The Sound and the Fury*	*Freshman*
Fielding, Henry	*Tom Jones*	*Freshman*
Fitzgerald, F. Scott	*The Great Gatsby*	*Freshman*

Flaubert, Gustave	*Madame Bovary*	*Freshman*
Ford, Ford Madox	*The Good Soldier*	*Freshman*
Goethe, Johann Wolfgang von	*Faust*	*Sophomore*
Golding, William	*Lord of the Flies*	*Sophomore*
Hardy, Thomas	*Tess of the d'Urbervilles*	*Sophomore*
Hawthorne, Nathaniel	*The Scarlet Letter*	*Sophomore*
Heller, Joseph	*Catch 22*	*Sophomore*
Hemingway, Ernest	*A Farewell to Arms*	*Sophomore*
Homer	*The Iliad*	*Sophomore*
Homer	*The Odyssey*	*Sophomore*
Hugo, Victor	*The Hunchback of Notre Dame*	*Sophomore*
Hurston, Zora Neale	*Their Eyes Were Watching God*	*Sophomore*
Huxley, Aldous	*Brave New World*	*Sophomore*
Ibsen, Henrik	*A Doll's House*	*Sophomore*
James, Henry	*The Portrait of a Lady*	*Sophomore*
James, Henry	*The Turn of the Screw*	*Sophomore*
Joyce, James	*A Portrait of the Artist as a Young Man*	*Sophomore*
Kafka, Franz	*The Metamorphosis*	*Sophomore*
Kingston, Maxine Hong	*The Woman Warrior*	*Sophomore*
Lee, Harper	*To Kill a Mockingbird*	*Sophomore*
Lewis, Sinclair	*Babbitt*	*Sophomore*
London, Jack	*The Call of the Wild*	*Sophomore*
Mann, Thomas	*The Magic Mountain*	*Sophomore*
Marquez, Gabriel García	*One Hundred Years of Solitude*	*Sophomore*
Melville, Herman	*Bartleby the Scrivener*	*Sophomore*
Melville, Herman	*Moby Dick*	*Sophomore*
Miller, Arthur	*The Crucible*	*Sophomore*
Morrison, Toni	*Beloved*	*Sophomore*
O'Connor, Flannery	*A Good Man is Hard to Find*	*Sophomore*
O'Neill, Eugene	*Long Day's Journey into Night*	*Sophomore*
Orwell, George	*Animal Farm*	*Sophomore*
Pasternak, Boris	*Doctor Zhivago*	*Sophomore*
Plath, Sylvia	*The Bell Jar*	*Sophomore*
Poe, Edgar Allan	*Selected Tales*	*Sophomore*
Proust, Marcel	*Swann's Way*	*Sophomore*
Pynchon, Thomas	*The Crying of Lot 49*	*Junior*
Remarque, Erich Maria	*All Quiet on the Western Front*	*Junior*
Rostand, Edmond	*Cyrano de Bergerac*	*Junior*
Roth, Henry	*Call It Sleep*	*Junior*
Salinger, J.D.	*The Catcher in the Rye*	*Junior*

Shakespeare, William	*Hamlet*	*Junior*
Shakespeare, William	*Macbeth*	*Junior*
Shakespeare, William	*A Midsummer Night's Dream*	*Junior*
Shakespeare, William	*Romeo and Juliet*	*Junior*
Shaw, George Bernard	*Pygmalion*	*Junior*
Shelley, Mary	*Frankenstein*	*Junior*
Silko, Leslie Marmon	*Ceremony*	*Junior*
Solzhenitsyn, Alexander	*One Day in the Life of Ivan Denisovich*	*Junior*
Sophocles	*Antigone*	*Junior*
Sophocles	*Oedipus Rex*	*Junior*
Steinbeck, John	*The Grapes of Wrath*	*Junior*
Stevenson, Robert Louis	*Treasure Island*	*Junior*
Stowe, Harriet Beecher	*Uncle Tom's Cabin*	*Junior*
Swift, Jonathan	*Gulliver's Travels*	*Junior*
Thackeray, William	*Vanity Fair*	*Junior*
Thoreau, Henry David	*Walden*	*Junior*
Tolstoy, Leo	*War and Peace*	*Junior*
Turgenev, Ivan	*Fathers and Sons*	*Junior*
Twain, Mark	*The Adventures of Huckleberry Finn*	*Junior*
Voltaire	*Candide*	*Junior*
Vonnegut, Kurt Jr.	*Slaughterhouse-Five*	*Junior*
Walker, Alice	*The Color Purple*	*Junior*
Wharton, Edith	*The House of Mirth*	*Junior*
Welty, Eudora	*Collected Stories*	*Junior*
Whitman, Walt	*Leaves of Grass*	*Junior*
Wilde, Oscar	*The Picture of Dorian Gray*	*Junior*
Williams, Tennessee	*The Glass Menagerie*	*Junior*
Woolf, Virginia	*To the Lighthouse*	*Junior*
Wright, Richard	*Native Son*	*Junior*

CMLP 2012-2013 - Chart of Estimated Activity Cost								
	In state	Out of state	Camps	Trip Cost	Camp Cost	Total Cost	Estimated** Fundraising Amount	Yearly Cost per Student
Middle School	2 ($60/trip)	0	12 Days ($20/day)*	$120	$420	$540	$240	$300
Grade 9	1 ($60/trip)	0	14 Days ($20/day)*	$60	$480	$540	$300	$240
Grade 10	1 ($60/trip)	1 x ($250/trip)	14 Days ($20/day)*	$310	$480	$790	$400	$390
Grade 11	0	1 x ($250/trip)	14 Days ($20/day)*	$250	$480	$730	$430	$300
**: Final raised money may vary								

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CMLP Fundraising Ideas

CMLP students will have academic and personal development activities during academic year, such as camps and trips etc…. For all those activities, they will need extra money to run their program. For this purpose, they can have fundraising in their schools. You will see some fundraising ideas for your CMLP student below.

1- Sales: From bake sale to popcorn sale CMLP students can come together and sell goods in their school during dismissal time. Here are some selling ideas. Selling candies, drinks, snacks, pizza etc.
2- Carwash: Students can prepare a brochure or letter about their fundraising activities. They can distribute them to parents during dismissal time and wash cars Saturdays at school.
3- Dinners: Students can organize dinner at school or out of school location and can sell tickets.
4- School yard sales: Students can collect selling goods (toys, house goods etc.) and sell them in their school.
5- Students can visit local neighborhood companies and talk about CMLP program and activities and gently ask for help.
6- Students can print school newspaper and get commercial advertisement.
7- Parents' nights at restaurants: Students can go to restaurants and can get both discount and fee for each parent go to that restaurant for dinner.
8- Students can meet with PTO members, administrators and staff members to get different ideas for fundraising ideas.

CMLP students are required to follow campus fundraising procedures. Campus principal permission is **mandatory** for all fundraising events.

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Congressional Award Service Goal Examples

Voluntary Public Service: Providing service to others and the greater community at large.

Examples:

1- I am going to dedicate four hours a week under the direction of St. Vincent de Paul, Inc." I will work in the clothing distribution center and the soup kitchen."
2- "I will provide a minimum of 100 hours of service under the direction of the Volunteer Office of Southern Illinois." (A similar situation may be applied to service clubs, scouting programs, American Red Cross, etc.)
3- Assisting with food and clothing drives
4- Working at homeless soup kitchens
5- Constructing facilities for other communities, building playgrounds and sidewalks, etc.
6- Serve as a lifeguard for Voluntary Public Service,
7- I will collect donations for the local Red Cross by calling shops from my home for excess merchandise that they may contribute for disaster relief efforts. I will also volunteer with the local Red Cross at blood drives, assembling school chests and I will serve as a peer educator for volunteer training sessions."
8- Volunteering at the local Animal Shelter,
9- Constructing or painting a municipal building, feeding the homeless,
10- Volunteering with local civic agencies and organizations, such as the firefighters, police, Botanic Gardens, Boys and Girls Club, Senior Centers, library, museum, homeless shelter, animal shelter, health clinic/hospital, Meals on Wheels, Special Olympics, Civil Air Patrol, Chamber of Commerce/Visitors' Bureau, Big Brothers and Sisters, Boy/Girl Scouts; Parks and Recreation, Red Cross, Junior Elks, Cheyenne Frontier Days, Municipal Pool, YMCA, Head Start, community theater; volunteering with school organizations, such as the Key Club, Teen Court, National Honor Society, FBLA, Habitat for Humanity; teaching sign language or ESL; food/book/clothing/blood drives; fund-raising for non-profit organizations such as the American Cancer Society, Muscular Dystrophy, United Way, read with the elderly; helping the disabled; Congressional Award Youth Service Retreat.
11- Peer counseling/tutoring,
12- Volunteering in an elementary school as a sports coach, tutor, or teacher's aide;
13- Managing school sports teams;
14- Volunteering to teach computers,
15- I will volunteer with the Girl Scouts as an assistant leader and camp counselor.

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16- I will volunteer with the Botanic Gardens by planting, weeding, and watering public plots.
17- I will organize a food/blood/book/clothing drive at my school with the Key Club
18- I will volunteer at the local homeless shelter by serving meals twice a week.
19- I will volunteer at the local community theater by participating in several productions.
20- I will work with the local Volunteer Fire Department.
21- I will volunteer at the local pool by instructing water safety to children.

Personal Development: Developing personal interests, social or employment skills.

Examples:

1- I will improve my acting skills and learn more about working behind the scenes in a theater, I will perform in community theatre, work as a stage hand and learn about lighting, props and costumes
2- I will work part-time at a bank where my duties will include: answering telephones, filing, word processing and operating photocopiers and fax machines. This will allow me to explore careers in banking while still being in school full-time,
3- "I will pursue my interest in photography as a member of the school newspaper staff. I intend to produce at least ten photos, which will be published during the next school year."
4- School/community theater or musical performances, Student Council, Speech and Debate, Boys/Girls State, Improvisational troupes, DECA, ROTC.
5- Scrapbooking,
6- Learning/improving musical skills,
7- Knitting, crocheting, sewing, cross-stitching,
8- Child care,
9- Part-time jobs,
10- Voice lessons,
11- Girl/Boy Scout badges and 4-H projects,
12- College preparatory classes or camps,
13- Art (drawing, painting, ceramics, sculpting, origami, anime),
14- Creative writing,
15- Photography,
16- Learning computer skills/foreign languages/astronomy, etc.,
17- Animal care and training,
18- Competition in academic events (History Day, State, Science Fair, etc.),
19- Tying flies,
20- First aid/CPR/EMT training,
21- Carpentry/woodworking, nutrition/cooking programs,
22- State drama/music events,
23- Lifeguard training,
24- Video production,
25- Learning ranch/farm skills,
26- Car maintenance,
27- Personal accounting/finances,
28- Amateur radio,

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29- Gardening, horsemanship,
30- Building models,
31- Learning magic,
32- Cake decorating,
33- Creating a reading program.
34- I will improve my piano-playing skills by learning 3 new pieces/advancing to a higher level/performing in the school musical.
35- I will learn leadership skills by being an active member of the Student Council.
36- I will improve my ability to speak in public by participating in extra-curricular debates.
37- I will research good nutritional practices, find healthful recipes, and prepare dinner for my family once a week.
39- I will learn to crochet and make a small baby blanket.
38- I will participate in community theater productions as an actor/set designer/lights and sound engineer/stagehand.
39- I will build a bookcase/dollhouse/table, using both power and hand tools.
40- I will expand my reading ability by learning more about the science fiction/classics/mystery genre and completing 7 new books with written reports/summaries.

Physical Fitness: Improving quality of life through fitness activities.

Examples:

1- I am interested in rowing and would like to row a 2k in 15 minutes." I will practice rowing on a machine three times a week,
2- I will stretch and lift weights and I will join the rowing team. I will improve my basketball skills so that my free-throw percentage will increase from 35 to 40 percent. I will achieve this goal by practicing after school and by playing on the school basketball team.
3- I will decrease my mile time from eleven minutes to ten minutes by running after school and joining the track team,
4- I can presently jog five miles in 50 minutes and I intend to improve my time to 8.5 minutes per mile. Through my aerobics program, I will improve my resting heart rate from 90 to 75 and lose ten pounds within 15 months.
5- I will improve my physical fitness by increasing the number of laps I swim in 40 minutes from 15 to 20.
6- I will do an exercise/fitness program to increase my maximum heart rate from 110 to 120 beats per minute.
7- I will improve my arm strength by lifting weights, starting with 5 lb. hand weights and increasing to 8 lb. weights.
8- I will improve my physical fitness by increasing my stamina playing basketball so that I can play for 20 minutes without tiring. Currently, I can play 15 minutes before I tire.
9- I will increase my physical flexibility and core strength by practicing 30 min. of yoga per day. I will also learn 5-10 new positions.
10- I will improve my tennis playing by increasing the accuracy of my serves to 75%. Currently, my serves are accurate about 50% of the time.

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Expedition/Exploration: Undertaking an outdoor, wilderness or venture experience (Historical, cultural or environmental).

Examples:

1- Expedition: I will take a day trip while water rafting. I will map the route that we will take, plan for my transportation to and from the rafting company, take preparatory safety classes and work on my arm strength by lifting weights."
2- Exploration: I will plan and prepare a trip to Playa Dominical, Costa Rica to learn about surfing and explore a rainforest environment I will research flights and hotels to determine my budget, apply for need-based scholarships, and work on small fundraisers. I will then map out the places I want to visit and select a variety of rainforest immersion tours."
3- Expedition: will plan a four consecutive night camping trip on the Appalachian Trail where I will hike fifteen miles a day and will compare and contrast the foliage of the surrounding trees on each leg of my hike. I will plan for my four-night camping trip by coordinating my travel arrangements and meals, mapping the trail, packing, researching the area and training to carry a large backpack."
4- Exploration: "I will travel from Centreville, Pennsylvania to New York City to explore different types of architecture and study my own heritage. I will use public transportation to visit Little Italy, Chinatown and Ellis Island. I will plan and prepare for my Exploration by coordinating my travel and researching the different cultures. I will also find information about my family at Ellis Island to complete a study on my own heritage.
5- Exploration: Visiting the Florida Keys works well for an Exploration as long as you can show that you immersed yourself in a new surrounding, were self-sufficient and gained from the experience,
6- Expedition goals are usually outdoor excursions that may include camping, hiking, hunting, fishing, rock climbing, spelunking, canoeing, bicycling, horseback riding, etc. Participants should be learning new skills such as camping, setting up a tent, cooking in the outdoors, and orienteering.
7- Exploration goals are longer trips that involve a new cultural experience. Examples of this goal are living on a farm, ranch, or reservation; traveling to a foreign country for home stays, study abroad, or cultural discovery; exploring a new environment. The goal must include preliminary research and preparation –- pre-planned events such as school band trips, sport camps, leadership workshops, or "Sign Up and Go to…" trips are not acceptable Boy Scout Ranches.
8- I will plan and participate in an overnight camping trip. I will select a site, set up a tent, cook a meal, lead a hike, and clean the campground.
9- I will spend an overnight on a ranch, sleeping in a cabin and performing ranch chores.
10- I will take a group trip to Europe, researching transportation and currency as well as learning necessary phrases in a foreign language. While there, I will attend a local school and stay with a host family.
11- I will take a trip to Mexico, researching cultural and historic sites and using a foreign language to ask for information and services. I will also do the trip planning, including transportation, accommodations, and currency conversions.

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12- I will plan and complete a 5-day, 4-night wilderness trip, during which I will also fish and hike.

COLLEGE MENTORSHIP AND LEADERSHIP PROGRAM

BOOK REPORT

Describe the most exciting and interesting event in the book (5-6 sentences)

_____
_____
_____
_____
_____
_____
_____
_____
_____

Describe a story from your life that is similar to events in your book (5-6 sentences)

_____
_____
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SETTING: Time and Place (3-4 sentences)

_____
_____
_____
_____
_____
_____
_____
_____
_____

CONCLUSION: Briefly give your opinion of the book. Explain whether or not you would recommend the book, and <u>why you feel that way</u>. (5-6 sentences) ☺

_____
_____
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CMLP …… STATE PARK CAMP APPLICATION CONSENT FORM

Student Name:_____ Grade:_____ Date: _____

..... CMLP applicant students can join us for a Thanksgiving Camp at ……. State Park. This camp is limited to 18 students only.

During this camp, the CMLP curriculum and Congressional Award will be presented to the students. There will be a Priorities & Goals Seminar. The camp detail schedule will be delivered to the parents on Friday, November 19th.

Besides academic studies, students will enjoy the park's activities such as Canoeing, Kayaking, Fishing, Hiking, and Picnicking as well as outdoor sports.

ABOUT THE PARK

Located on the ……. River, this inviting source of cool, clear water has attracted people for thousands of years. Visitors enjoy the picnic area, playground and sandy volleyball court. A boardwalk overlooks the spring and river. White-tailed deer, gray squirrels, red-shouldered hawks, pileated woodpeckers and barred owls are some of the animals seen in the park. Manatees sometimes visit the spring during the winter months.

CABINS

Spacious two-bedroom cabins have central heating and cooling, an electric fireplace, screened porch and kitchenette. Cabins are equipped with linens and kitchen utensils.

WHERE: ……
……..

COST: $95 (Including meals, transportation and accommodation.

SCHOOL DROP OFF: Sunday, November 21, 2010, 1:00pm

CAMP CHECK IN: Sunday, November 21, 2010, 4:00pm

CAMP CHECK OUT: Wednesday, November 24, 2010, 11:30am

SCHOOL PICK UP: November 24, 2010, 3:00pm

DUE: Monday, November 15, 2010.

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- **Liability Release:** Should my child sustain or incur any accident or illness while on the Fanning Springs Thanksgiving Camp, I hereby authorize the director/administrator, or his/her agent, to execute any and all documents, including any necessary releases, which might be required at any medical facility to

perform any emergency care on my behalf. In the event that my child has an illness or accident during the camp, and it requires a visit to the doctor or hospital, the existing family policies will solely represent the insurance coverage.

For transportation needs, unless I offer another option to the school, I am giving full consent to the Science Academy Staff for the transportation of my child.

I give permission for my child to participate in any and all activities of the CMLP camp, and I do not hold the SCIENCE SCHOOL liable for my child.

Parent/Guardian Name: _____

Phone #: Home: _____ Work: _____ Cell: _____

Parent Signature: _____

Emergency Contact and Phone #: _____

Relationship to student: _____

Date : _____

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---- HS CMLP Reading Camp Schedule

Friday

4:30pm	5:00	Transportation to the camp
5:30	6:00	Reorganizing (rooms, food, items, lodge clean up, setup)
6:00	6:30	Dinner preparation (mashed potatoes, bbqed chicken, salad)
6:30	7:00	Dinner
7:00	730	Walk and talk (light exercise)
7:30	9:30	Snacks and reading time
9:35	10:45	Movie (History channel, Engineering Marvels, Juniors and Sophomores)
10:45	11:00	Free Time
11:00		Lights out

Saturday

7:00am	7:30	Breakfast preparation (eggs, Hash browns, Grilled cheese, Orange juice, tea, milk)
7:30	8:30	Exercise, Hike
8:30	8:45	free time
8:45	9:45	Snacks and reading time
9:45	10:45	Fun, team building activity, project decision and planning
10:45	11:00	Pack up and depart

Please make your checks payable to ---- . Thank you.

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SAMPLE SLEEPOVER SCHEDULE

SCHEDULE OF THE CLUB

<u>Every month on Friday from 3:30pm until on Saturday to 4:00pm</u>

February 4th and 18th
March 4th and 18th
April 1th, 15th and 29th
May 6th and 20th
June 3rd and 4th

FRIDAY

3:30-4:00 pm	PIZZA
4:00-5:30 pm	BOWLING
5:30-6:00 pm	ARRIVE AT HOME
6:30-7:30 pm	STUDY TIME &Character Education
7:30 -8:00 pm	DINNER
8:00-10:00 pm	MOVIE TIME or READING BOOK/GAME
10:00-11:00 pm	GO TO SLEEP

SATURDAY

7:15-8:00 am	WAKE UP
8:00-8:30 am	BREAKFAST
8:30-9:00 am	ARRIVE AT THE SCHOOL
9:30-12:00 pm	STUDY ALGEBRA & reading book
12:00-4:00 pm	FILED TRIP

FIELD TRIP'S SCHEDULE

February 5th	VISIT …….. SCIENCE ACADEMY HAVE LUNCH AND PLAY BASKETBALL GAME
February 19th	VISIT CULTURE CENTER AND HAVE LUNCH
March 5th	SKATING AND LUNCH-1.Student Performance Report Cart
March 19th	LASER TAG AND LUNCH
April 2th	SCIENCE MUSEUM

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GUIDELINES FOR SUCCESSFUL ADOPTION OF CMLP PROGRAM.

1. How will I announce the CMLP and admission test to my staff?

- At you **first** staff meeting, Please introduce the program through ***8_CLMP presentation for Staff*** and a knowledgable Principal or College Advisor about the program can make this presentation as well. The principal will ask if there is any volunteer for this, they should see the principal or email.

3. How will I select CMLP students?

There are four criteria to select the students? PSAT or MAP testing,

GPA,

discipline records

and three recommendation letters.

4. How will I group the students?

After the exam results are announced, Rank the students from top to bottom. Since the mentorship group will be all boys or all girls, list your students in two groups.

Students then will be grouped at most five (5) and will be assigned a mentor teacher. Until parents sign the contract, the teachers (mentors) will not know which students they will mentor.

In addition to main list, create a shadow list (5 students) in case parents don't accept the contract or a student drops during the course of the year

5. How will I inform the students that I would like to be in the program?

Students who are on the main list will be given ***9_Selected Student Invitation Letter*** and parents and students are invited to school for CMLP program presentation. Preferably meal should be served.

6. How will I introduce the program to the parents?

At the meeting, either principal or CMLP coordinator will introduce the program through ***10_CLMP Presentation for parents-short version or 11_CLMP Presentation for parents-Detailed*** based on the need of the group. Mentor teachers will be present at this meeting.

7. How will the students make their commitment to the program?

At the end of the meeting, parents will be informed about "***12_CMLP Commitment Form***" and asked to sign it here or at home. Remind them that the rules will be reinforced with clarity and the students who don't follow the rules will be dismissed from the CMLP.

At this point, neither children nor the mentor will be notified about their groups. After the signed papers came, then the distribution will start.

8. What do I do when the signed Commitment Forms come?

After the signed reports came, the students will be gathered in a conference room and the principal makes a motivational speech about the importance of the program, that only select students are accepted and they should be aware of the value of the program. Then The CMLP coordinator is invited to make his/her speech. The coordinator mentions about the rules and introduces the mentors. In order for them to feel special, some refreshment is served.

The children are given information about the schedule.

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The children are reminded about their responsibilities to their Mentor and CMLP coordinator, the program officially starts at this point. All the above-mentioned processes should finish by the end of September. If they are finished earlier, the better.

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